



## WELCOME



***Anne-Marie Bond***

FOUNDER OF THE PORTRAIT OF SPIRIT ONLINE  
SCHOOL FOR SPIRITUAL DEVELOPMENT IN ART,  
SPEAKING AND MEDIUMSHIP

Dear Student,

I am so delighted to welcome you to this journey of Simply Portraits. Whether you are here as a complete beginner, or already have some experience in drawing spirit portraits, this eBook is your companion.

Inside, you'll find inspiration, practical tips, and gentle encouragement. Think of it as a pocket guide you can return to whenever you need a boost of confidence or a reminder that Spirit is always ready to meet you halfway.

Spirit Portraiture is a path of patience and practice, but also of joy and discovery. It is not about perfection; it is about connection.

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WITH SPIRIT,  
ANNE-MARIE

**SPIRIT ART MENTORSHIP  
TO ENROL EMAIL ANNE-MARIE  
WWW.THEPORTRAITOFSPIRIT.COM**

[www.theportraitofspirit.com](http://www.theportraitofspirit.com)



## THE ESSENCE OF SPIRIT PORTRAITURE

Spirit portraiture is about more than just capturing likeness; it is about unveiling personality, energy, and the vibrational essence of those who step forward from the spirit realm. This guide will help you develop an understanding of how to blend these impressions into your artwork with confidence and trust.

**S P** Spirit portraiture is a form of evidential mediumship expressed through art. Unlike traditional portrait drawing, where accuracy is the primary focus, spirit art seeks to represent the communicator's individuality and energy.

**P O** The drawing may not always resemble a conventional photograph, but it will hold key features, emotions, and expressions that will be recognisable to those who receive it.

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**J S** Spirit Portraiture is the art of allowing Spirit communicators to impress their presence onto paper. It is part mediumship, part drawing practice, and part surrender.

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**U K** It is not about creating a photographic likeness. Instead, it is about reaching for essence, memory, and familiarity with just enough to make recognition possible. Think of yourself as both an artist and a bridge. Both skill and Spirit guide your pencil. You are sketching a likeness that resembles their features.

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**M J** I'll let you in on a little secret: my very first spirit portraits were far from masterpieces! In fact, I'll even share a few "never-seen-before" early sketches in our mentorship sessions (though part of me says they should stay locked away).

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**Y O** **Why do I show them?**

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To remind you that progress is possible for everyone. Every line you put on paper takes you one step further along your journey.

If I could grow from those uncertain lines into the portraits I create today, so can you.

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## WHY I OFFER DIFFERENT COURSES

Over the years, many students have asked me: "Anne-Marie, why do you run so many different Spirit Art courses?" The answer is simple: each course has its flavour, focus, and development pathway. No two courses are the same, and together they form a complete learning journey.

### THE SPIRIT ART MENTORSHIP (YEAR-LONG PROGRAM)

This is the most comprehensive program I run. Over nine months, students are guided through multiple modalities of Spirit Art. You'll strengthen your Spirit Portraiture and explore other art forms such as Spirit Power Animals, Spirit Guides, Soul Portraits, and Spiritual Abstracts. It's a journey of depth, variety, and transformation.

### SIMPLY PORTRAITS COACHING MENTORSHIP (1 MONTH)

This is a focused sprint into Spirit Portraiture. In just four weeks, we will focus on improving your drawing of faces, with the option to combine mediumship. It's perfect for beginners or for those already in the year mentorship who want extra practice to fast-track their portraits.

### AUTOMATIC LINE ART & EXPRESSIONS

This course helps students strengthen the art of surrendering; loosening control, letting the hand move freely, and blending with Spirit more fluidly. Many find this invaluable for overcoming their inner critic, building trust, and learning to "go with the flow."

### REFINE YOUR MEDIUMSHIP (STANDALONE)

While drawing is important, so too is the ability to communicate the evidence of Spirit. This class hones your mediumship skills – building confidence, accuracy, and presentation, supporting your Spirit Portrait sittings.

### SPIRIT PORTRAIT COURSE 2026 (3- MONTH PROGRAM: 07 MARCH - 20 JUNE 2026)

Please think of this as a taster platter of all my courses. Over three months, you'll experience a blend of portrait skills, surrendering techniques, and creative expression. It's ideal for students who want a broader experience before committing to a longer mentorship.

### JULY 2026 - WATERCOLOUR PORTRAITS DEVELOPMENT COURSE

This program focuses solely on watercolour painting for portraits. It's designed for those who want to expand beyond pencil and charcoal, embracing the expressive, spiritual qualities of colour.

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